

## The Average American Male By Chad Kultgen

An offensive, in-your-face, brutally honest and completely hilarious look at male inner life and sexual fantasy—sure to be one of the most controversial books of the year.

We poisoned our planet. Sucked it dry of natural resources. Killed one another in the name of gods that never existed, and survived despite it all. Now, at the very edges of the fabric of space-time, the universe itself is starting to decay. Three warring races—the Human Empire, the organic Duron, and the cybernetic Luminids—must band together to stop their mutual destruction, and the future of the galaxy rests on Captain Rhodes and the crew of the H.E. Woden.

The Average American Marriage, the long-awaited sequel to Chad Kultgen's much debated, always controversial The Average American Male, is a matter-of-fact foray into the male mind and sexual fantasy. Now married with children, Kultgen's lewd and sex-obsessed narrator once again offers up his deep (and not so deep) thoughts on love, marriage, kids, and (naturally) sex: from birthday sex to interns to parenting, The Average American Male looks upon the institution of marriage with the same deadpan smirk he has brought to the rest of his sex-addled, perennially disaffected life.

Now available in one volume are three of Chad Kultgen's offensive, in-your-face, brutally honest and completely hilarious looks at male inner life and sexual fantasy. This eBook collection includes The Average American Male, The Average American Marriage, and The Lie.

An offensive, in-your-face, brutally honest and completely hilarious look at male inner life and sexual fantasy. In the course of this hilariously honest book, our narrator suffers through a relationship with his vapid wannabe-actress girlfriend until he finds the perfect girl. But when he moves into the new relationship, he slowly learns that all women are pretty much the same, that man's true desires will never be fulfilled, and the decision between living life alone or biting the marriage bullet must be made. Includes an excerpt from the forthcoming sequel The Average American Marriage.

Why are so many of today's supermen superclueless? Why are so many ambitious young women unable to find boyfriends as successful and independent as they are? Why do so many men prefer the escapist digitized world of SPIKE TV, Jackass, and Grand Theft Auto to the reality of their own lives? In an eye-opening exploration of contemporary American manhood, The Decline of Men shows how men are struggling to redefine what being a man means in today's world. Their confusion has led to rampant male malaise, which has left many men feeling alienated and disconnected. Unable to communicate their frustrated thoughts or emotions effectively, too many guys are slacking off and opting out of their manly obligations, producing an entire generation of men who are ditching their own potential and failing the moms, wives, and girlfriends who love them. The Decline of Men is a wake-up call to this distressing state of affairs. As award-winning journalist Guy Garcia reports, rather than working hard to achieve top grades or a promotion at work, too many American males squander their energy tracking their fantasy football league scores or mastering the latest video game. Men drop out of school at a far higher rate than women and are far likelier to die early because of

poor health habits. Even the male Y chromosome is said to be at risk of disappearing altogether one day. Packed with startling statistics, informed by pop culture, and narrated in the entertaining style for which Guy Garcia is known, *The Decline of Men* sheds light on a problem that has wreaked havoc on the American family and urges men and women to look past the gender wars to address this national emergency together.

A NEW YORK TIMES, TIME, GQ, Vulture, and WASHINGTON POST TOP 10 BOOK of the YEAR ONE OF BARACK OBAMA'S FAVOURITE BOOKS OF THE YEAR Finalist for the Los Angeles Times Book Prize, and the National Book Critics Circle Award Shortlisted for the Rathbones Folio Prize Winner of the Hefner Heitz Kansas Book Award From the award-winning author of *10:04* and *Leaving the Atocha Station*, a tender and expansive family drama set in the American Midwest at the turn of the century, hailed by Maggie Nelson as Ben Lerner's "most discerning, ambitious, innovative, and timely novel to date." Adam Gordon is a senior at Topeka High School, class of '97. His mother, Jane, is a famous feminist author; his father, Jonathan, is an expert at getting "lost boys" to open up. They both work at a psychiatric clinic that has attracted staff and patients from around the world. Adam is a renowned debater, expected to win a national championship before he heads to college. He is one of the cool kids, ready to fight or, better, freestyle about fighting if it keeps his peers from thinking of him as weak. Adam is also one of the seniors who bring the loner Darren Eberheart--who is, unbeknownst to Adam, his father's patient--into the social scene, to disastrous effect. Deftly shifting perspectives and time periods, *The Topeka School* is the story of a family, its struggles and its strengths: Jane's reckoning with the legacy of an abusive father, Jonathan's marital transgressions, the challenge of raising a good son in a culture of toxic masculinity. It is also a riveting prehistory of the present: the collapse of public speech, the trolls and tyrants of the New Right, and the ongoing crisis of identity among white men.

Data is fundamental to the modern world. From economic development, to healthcare, to education and public policy, we rely on numbers to allocate resources and make crucial decisions. But because so much data fails to take into account gender, because it treats men as the default and women as atypical, bias and discrimination are baked into our systems. And women pay tremendous costs for this bias, in time, money, and often with their lives. Celebrated feminist advocate Caroline Criado Perez investigates shocking root cause of gender inequality and research in *Invisible Women*, diving into women's lives at home, the workplace, the public square, the doctor's office, and more. Built on hundreds of studies in the US, the UK, and around the world, and written with energy, wit, and sparkling intelligence, this is a groundbreaking, unforgettable exposé that will change the way you look at the world.

In *Manning Up*, Manhattan Institute fellow and City Journal contributing editor Kay Hymowitz argues that the gains of the feminist revolution have had a dramatic, unanticipated effect on the current generation of young men. Traditional roles of family man and provider have been turned upside down as "pre-adult" men, stuck between adolescence and "real" adulthood, find themselves lost in a world where women make more money, are more educated, and are less likely to want to settle down and build a family. Their old scripts are gone, and young men find themselves adrift. Unlike women, they have no biological clock telling them it's time

to grow up. Hymowitz argues that it's time for these young men to "man up."

Perfect for fans of Bachelor Nation and Seinfeldia, an illuminating deep dive into the most successful reality TV franchise of all time—The Bachelor. Since its premiere in 2002, ABC's The Bachelor has become a staple of American television. Now, discover the fascinating history of the show, uncover the ins and outs of the phenomenon that has become Bachelor Nation, and take a deeper look at what separates the winners from the losers. From how best to exit the limo on Night One, to strategies for making a run for the all-important First Impression Rose, to how to avoid being labeled a villain, this clear-eyed guide illustrates the rules and strategies any would-be contestant should know. The ultimate must-read for every fan, How to Win the Bachelor gives you an inside look at the franchise where The Rose holds all the power.

With the publication of *The Average American Male* -- and the release of the shocking viral videos that made it a water-cooler sensation -- Chad Kultgen became one of the most talked-about authors of recent years. Now, with *The Lie*, Kultgen returns with an even more salacious -- yet also more searching -- novel that reaches deeper into the craven inner workings of some of most depraved minds in America: college students. His subjects are Brett, the rich hedonist whose appetite for sex is matched only by his contempt for women; his best friend, Kyle, the brooding science geek whose good intentions lead him to one disastrous decision; and Heather, the social-climbing sorority girl who has the power to destroy them both. As this devil's triangle plows through four years of college, Kultgen offers a astonishing take on the wild and amoral universe of college today: a frat house world where sex is social currency, status means everything -- and winner takes all. Abandon hope, all ye who enter here.

A vivid character-driven narrative, fused with important new economic and political reporting and research, that busts the myths about middle class decline and points the way to its revival. For over a decade, Jim Tankersley has been on a journey to understand what the hell happened to the world's greatest middle-class success story -- the post-World-War-II boom that faded into decades of stagnation and frustration for American workers. In *The Riches of This Land*, Tankersley fuses the story of forgotten Americans-- struggling women and men who he met on his journey into the travails of the middle class-- with important new economic and political research, providing fresh understanding how to create a more widespread prosperity. He begins by unraveling the real mystery of the American economy since the 1970s - not where did the jobs go, but why haven't new and better ones been created to replace them. His analysis begins with the revelation that women and minorities played a far more crucial role in building the post-war middle class than today's politicians typically acknowledge, and policies that have done nothing to address the structural shifts of the American economy have enabled a privileged few to capture nearly all the benefits of America's growing prosperity. Meanwhile, the "angry white men of Ohio" have been sold by Trump and his ilk a theory of the economy that is dangerously backward, one that pits them against immigrants, minorities, and women who should be their allies. At the culmination of his journey, Tankersley lays out specific policy prescriptions and social undertakings that can begin moving the needle in the effort to make new and better jobs appear. By fostering an economy that opens new pathways for all workers to reach their full potential -- men and women, immigrant or native-born, regardless of race -- America can once again restore the upward flow of

talent that can power growth and prosperity.

Nearly half of all men in America have suffered from sexual dysfunction, so it stands to reason that many women have encountered a man with a sexual problem. In this revolutionary book, sex therapist Margolies takes readers into the mind of the dysfunctional male and explains how the problem may have started and offers tips for dealing with the problem.

Executive Summary for a report which gathers & collates the best national data available to provide a reliable & comprehensive overview of American reading today. This report relies on large, nat. studies conducted on a regular basis by U.S. fed. agencies, supplemented by academic, foundation, & business surveys. Although there has been measurable progress in recent years in reading ability at the elementary school level, all progress appears to halt as children enter their teenage years. There is a general decline in reading among teenage & adult Americans. Both reading ability & the habit of regular reading have greatly declined among college grad. The declines have demonstrable social, economic, cultural, & civic implications. Charts & tables.

A former writer for the Emmy Award-winning *My Name is Earl* shares her misadventures in dating, describing how when she finally got her life in order, her ex-boyfriend wrote a cruel novel based on their relationship in which he depicted her as overweight and inferior.

**NATIONAL BESTSELLER • PEN/HEMINGWAY AWARD WINNER • One of The New York Times 10 Best Books of the Year •** A wondrous and shattering novel that follows twelve characters from Native communities: all traveling to the Big Oakland Powwow, all connected to one another in ways they may not yet realize. Among them is Jacquie Red Feather, newly sober and trying to make it back to the family she left behind. Dene Oxendene, pulling his life together after his uncle's death and working at the powwow to honor his memory. Fourteen-year-old Orvil, coming to perform traditional dance for the very first time. Together, this chorus of voices tells of the plight of the urban Native American—grappling with a complex and painful history, with an inheritance of beauty and spirituality, with communion and sacrifice and heroism. Hailed as an instant classic, *There There* is at once poignant and unflinching, utterly contemporary and truly unforgettable.

**ONE OF NPR'S BEST BOOKS OF 2019** A “warm and funny and honest...genuinely unputdownable” (Curtis Sittenfeld) memoir chronicling what it's like to live in today's world as a fat man, from acclaimed journalist Tommy Tomlinson, who, as he neared the age of fifty, weighed 460 pounds and decided he had to change his life. When he was almost fifty years old, Tommy Tomlinson weighed an astonishing—and dangerous—460 pounds, at risk for heart disease, diabetes, and stroke, unable to climb a flight of stairs without having to catch his breath, or travel on an airplane without buying two seats. Raised in a family that loved food, he had been aware of the problem for years, seeing doctors and trying diets from the time he was a preteen. But nothing worked, and every time he tried to make a change, it didn't go the way he planned—in fact, he wasn't sure that he really wanted to change. In *The Elephant in the Room*, Tomlinson chronicles his lifelong battle with weight in a voice that combines the urgency of Roxane Gay's *Hunger* with the intimacy of Rick

Bragg's *All Over but the Shoutin'*. He also hits the road to meet other members of the plus-sized tribe in an attempt to understand how, as a nation, we got to this point. From buying a Fitbit and setting exercise goals to contemplating the Heart Attack Grill in Las Vegas, America's "capital of food porn," and modifying his own diet, Tomlinson brings us along on a candid and sometimes brutal look at the everyday experience of being constantly aware of your size. Over the course of the book, he confronts these issues head-on and chronicles the practical steps he has to take to lose weight by the end. "What could have been a wallow in memoir self-pity is raised to art by Tomlinson's wit and prose" (Rolling Stone). Affecting and searingly honest, *The Elephant in the Room* is an "inspirational" (The New York Times) memoir that will resonate with anyone who has grappled with addiction, shame, or self-consciousness. "Add this to your reading list ASAP" (Charlotte Magazine).

Taking her cues about female sexuality from Hollywood movie stars, Ramona Swollens marries young and escapes her mother's house shortly after her father's death, taking with her a dark family secret and harboring a secret obsession with the iconic Rita Hayworth, in a coming-of-age novel set in 1940s and '50s America. Original.

In this widely acclaimed literary debut, Benjamin Cavell stalks the male ego, unleashing a ferocious volley of nine sharply written and deeply penetrating stories. In *Balls, Balls, Balls*, we are introduced to Logan Bryant, the star member of the "fourth best paintball team in the tristate area." Despite his knowledge of napalm recipes and his skill during Military Simulations—MilSim, for short—Logan's armor shows fractures with every move he makes. In *The Death of Cool*, an insurance adjuster has come to realize much too clearly the range of threats that surround him. "Tired of trusting in the other guy's morality," he embraces his paranoia and leaves as little to chance as possible. *The Ropes* opens in a hospital room after Alex Folsom has sustained a devastating concussion. With both college and his boxing career behind him, he reunites with his father on Martha's Vineyard to assess the damage--both physical and emotional. *Rumble, Young Man, Rumble* is a ground-shaking announcement of the next heavy hitter in American letters.

Acclaimed New York Times journalist and author Chris Hedges offers a critical -- and fascinating -- lesson in the dangerous realities of our age: a stark look at the effects of war on combatants. Utterly lacking in rhetoric or dogma, this manual relies instead on bare fact, frank description, and a spare question-and-answer format. Hedges allows U.S. military documentation of the brutalizing physical and psychological consequences of combat to speak for itself. Hedges poses dozens of questions that young soldiers might ask about combat, and then answers them by quoting from medical and psychological studies.

- What are my chances of being wounded or killed if we go to war?
- What does it feel like to get shot?
- What do artillery shells do to you?
- What is the most painful way to get wounded?
- Will I be afraid?
- What could happen to me in a nuclear attack?
- What does it feel like to kill someone?
- Can I withstand torture?
- What are

the long-term consequences of combat stress? • What will happen to my body after I die? This profound and devastating portrayal of the horrors to which we subject our armed forces stands as a ringing indictment of the glorification of war and the concealment of its barbarity.

How do the rich get rich? An updated edition of the “remarkable” New York Times bestseller, based on two decades of research (The Washington Post). Most of the truly wealthy in the United States don’t live in Beverly Hills or on Park Avenue. They live next door. America’s wealthy seldom get that way through an inheritance or an advanced degree. They bargain-shop for used cars, raise children who don’t realize how rich their families are, and reject a lifestyle of flashy exhibitionism and competitive spending. In fact, the glamorous people many of us think of as “rich” are actually a tiny minority of America’s truly wealthy citizens—and behave quite differently than the majority. At the time of its first publication, *The Millionaire Next Door* was a groundbreaking examination of America’s rich—exposing for the first time the seven common qualities that appear over and over among this exclusive demographic. This edition includes a new foreword by Dr. Thomas J. Stanley—updating the original content in the context of the financial crash and the twenty-first century. “Their surprising results reveal fundamental qualities of this group that are diametrically opposed to today’s earn-and-consume culture.” —Library Journal

A thought-provoking and darkly witty novel about freedom, motherhood, greed, and religion—a surprising new direction from the controversial author of *Men, Women & Children* and *The Average American Male*. Chad Kultgen has established himself as one of the most honest and candid chroniclers of human relationships working today. Now, in an eye-opening departure, he turns his gaze on the collision between religious values and human freedoms in American society. She found herself thinking how strange it was that although we are all animals with roughly the same mental capacity—and roughly the same access to information, both general and specific—we can come to such radically different conclusions about the nature of reality. She wondered if it would always be like this, or if at some point in the future a general knowledge base would be accepted by the whole of humanity on which every individual would base their view of existence. She hoped this would be the case and wished she could live to see it. Karen Halloway is a philosophy PhD candidate, struggling to find a dissertation topic strong enough to make a mark on the world. When she discovers that she’s pregnant, she finds herself at a crossroads: she has always known that she doesn’t want to be a mother, and feels her only choice is to have an abortion, though she knows that both her boyfriend and her highly religious best friend will object. Yet on the way to the clinic, Karen has the epiphany she’s been looking for—a way to turn her unexpected situation to her advantage. Fiendishly suspenseful, intellectually provocative, *Strange Animals* is a surprising novel about freedom, choice, and desperate measures.

Essential reading for our times, as women are pulling together to demand their rights— A landmark portrait of women, men, and power in a transformed world. “Anchored by data and aromatized by anecdotes, [Rosin] concludes that women are gaining the upper hand.” –The Washington Post Men have been the dominant sex since, well, the dawn of mankind. But Hanna Rosin was the first to notice that this long-held truth is, astonishingly, no longer true. Today, by almost every measure, women are no longer gaining on men: They have pulled decisively ahead. And “the end of men”—the title of Rosin’s Atlantic cover story on the subject—has entered the lexicon as dramatically as Betty Friedan’s “feminine mystique,” Simone de Beauvoir’s “second sex,” Susan Faludi’s “backlash,” and Naomi Wolf’s “beauty myth” once did. In this landmark book, Rosin reveals how our current state of affairs is radically shifting the power dynamics between men and women at every level of society, with profound implications for marriage, sex, children, work, and more. With wide-ranging curiosity and insight unhampered by assumptions or ideology, Rosin shows how the radically different ways men and women today earn, learn, spend, couple up—even kill—has turned the big picture upside down. And in *The End of Men* she helps us see how, regardless of gender, we can adapt to the new reality and channel it for a better future.

Based on the Book of Genesis, Dinah shares her perspective on religious practices and sexual politics.

From the author of the #1 New York Times bestseller *So You Want to Talk About Race*, an “illuminating” (New York Times Book Review) history of white male identity. What happens to a country that tells generation after generation of white men that they deserve power? What happens when success is defined by status over women and people of color, instead of by actual accomplishments? Through the last 150 years of American history -- from the post-reconstruction South and the mythic stories of cowboys in the West, to the present-day controversy over NFL protests and the backlash against the rise of women in politics -- Ijeoma Oluo exposes the devastating consequences of white male supremacy on women, people of color, and white men themselves. *Mediocre* investigates the real costs of this phenomenon in order to imagine a new white male identity, one free from racism and sexism. As provocative as it is essential, this book will upend everything you thought you knew about American identity and offers a bold new vision of American greatness.

*The Average American Male* A Novel Harper Collins

Bestselling author Dan Buettner reveals how to transform your health using smart nutrition, lifestyle, and fitness habits gleaned from longevity research on the diets, eating habits, and lifestyle practices of the communities he's identified as "Blue Zones"—those places with the world's longest-lived, and thus healthiest, people, including locations such as Okinawa, Japan; Sardinia, Italy; Costa Rica's Nicoya Peninsula; Ikaria, Greece; and Loma Linda, California. With the audacious belief that the lifestyles of the world's Blue Zones could be adapted and replicated in towns across North America, Buettner launched the largest preventive health care project in the United States, *The Blue Zones City Makeovers*, which has impacted the health of millions of Americans since 2009. In *The Blue Zones Solution*, readers can be inspired by the specific stories of the people, foods, and routines of our

healthy elders; understand the role community, family, and naturally healthy habits can play in improving our diet and health; and learn the exact foods—including the 50 superfoods of longevity and dozens of recipes adapted for Western tastes and markets—that offer delicious ways to eat your way to optimum health. Throughout the book are lifestyle recommendations, checklists, and stories to help you create your own personal Blue Zones solution. Readers will learn and apply the 80/20 rule, the plant slant diet, social aspects of eating that lead to weight loss and great health naturally, cultivating your "tribe" of friends and family, and your greater purpose as part of your daily routine. Filled with moving personal stories, delicious recipes, checklists, and useful tips that will transform any home into a miniature blue zone, *The Blue Zones Solution* is the ultimate blueprint for a healthy, happy life. Explores a range of modern cultural phenomenon, including Internet pornography, tribute bands, baseball rivalries, and reality television.

*The Purple Decades* brings together the author's own selections from his list of critically acclaimed publications, including the complete text of *Mau-Mauing* and *the Flak Catchers*, his account of the wild games the poverty program encouraged minority groups to play.

Humans have become much taller and heavier, and experience healthier and longer lives than ever before in human history. However it is only recently that historians, economists, human biologists and demographers have linked the changing size, shape and capability of the human body to economic and demographic change. This fascinating and groundbreaking book presents an accessible introduction to the field of anthropometric history, surveying the causes and consequences of changes in health and mortality, diet and the disease environment in Europe and the United States since 1700. It examines how we define and measure health and nutrition as well as key issues such as whether increased longevity contributes to greater productivity or, instead, imposes burdens on society through the higher costs of healthcare and pensions. The result is a major contribution to economic and social history with important implications for today's developing world and the health trends of the future.

How men and women worldwide relate to each other has changed more in the last hundred years than during any other time in history. Wysong looks deep within the inner workings of the human psyche, and unearths new insights that will give readers newfound abilities to understand what has been happening in their lives.

This book is about standing up for your self, and having the life you want, with or with out a wife! Not biting your tongue no matter who you are talking to or dealing with in any situation. Its about taking responsibility for your self, the things you do and your future.the chapters are as follows, 1#.Man the f/up!, 2# Men, 3# marriage, 4# a mans home is his castle, 5# control your dick, 6# Drugs and alcohol, 7# prison break, 8# Entertainment, 9# Kids, 10#Immigration, 11# sex, 12# the work out!, Another name for this book could have been, good people need to get a back bone!

**PUSS-I-FI-CA-TION:** The act, or process, of a man being shamed, taught, lead, pastored, drugged or otherwise coerced or cajoled into throwing out his brain, handing over his balls and formally abandoning the rarefied air of the testosterone-leader-fog that God and nature hardwired him to dwell in, and instead become a weak, effeminate, mangina sporting, shriveled up little pussy. \* From

The Doug Giles 2016 Dictionary of Grow the Hell Up, You Pussy! In Giles' latest, and most raucous book, he takes 'Generation Pussy' from the warm wet womb of 'Pusville' to the rarefied air of 'Mantown.' This is definitely one of the most politically incorrect books to ever hit the market. It will most certainly offend the entitled whiners, but it will also be a breath of fresh air to young males who wish to be men versus hipster dandies."

A debut novel that is sure to be one of the most controversial books of the year--a brutally honest and completely hilarious look at male inner life and sexual fantasies.

Argues that gender-free language destroys the beauty of English, and suggests other ways to eliminate sexism in language

At the age of seventeen, Eustace Conway ditched the comforts of his suburban existence to escape to the wild. Away from the crushing disapproval of his father, he lived alone in a teepee in the mountains. Everything he needed he built, grew or killed. He made his clothes from deer he killed and skinned before using their sinew as sewing thread. But he didn't stop there. In the years that followed, he stopped at nothing in pursuit of bigger, bolder challenges. He travelled the Mississippi in a handmade wooden canoe; he walked the two-thousand-mile Appalachian Trail; he hiked across the German Alps in trainers; he scaled cliffs in New Zealand. One Christmas, he finished dinner with his family and promptly upped and left - to ride his horse across America. From South Carolina to the Pacific, with his little brother in tow, they dodged cars on the highways, ate road kill and slept on the hard ground. Now, more than twenty years on, Eustace is still in the mountains, residing in a thousand-acre forest where he teaches survival skills and attempts to instil in people a deeper appreciation of nature. But over time he has had to reconcile his ambitious dreams with the sobering realities of modernity. Told with Elizabeth Gilbert's trademark wit and spirit, this is a fascinating, intimate portrait of an endlessly complicated man: a visionary, a narcissist, a brilliant but flawed modern hero. The Last American Man is an unforgettable adventure story of an irrepressible life lived to the extreme. The Last American Man is a New York Times Notable Book and National Book Critics Circle Award Finalist.

The author of The Average American Male and The Lie returns with a shocking, salacious, and surprisingly subtle new novel of the average American family. Like Neil Strauss and Nick Hornby, Chad Kultgen has the capacity to enthrall and astonish even the most ardent readers of contemporary literary fiction. In Men, Women, and Children, his incisive vision, unerring prose, and red-light-district imagination are at their most ambitious and surprising, as he explores the sexual pressures of junior high school students and their parents navigating the internet's shared landscape of pornography, blogs, social networking, and its promise of opportunities, escapes, reinvented identities, and unexpected conflicts.

[Copyright: 2723bb81dd201e6adb0db70ca9a93591](https://www.dailymotion.com/video/x3v1111)