

## The Professor In The Cage Why Men Fight And Why We Like To Watch

An English professor starts training in mixed martial arts, exploring the science and history behind the violence of men When a mixed martial arts (MMA) gym opens across the street from his office, Jonathan Gottschall sees a challenge. Pushing forty, out of shape, and disenchanted with his job as an adjunct English professor, he works up his nerve and finds himself training for an all-out cage fight. He sees it not just as a personal test, but also as an opportunity to answer questions that have intrigued him for years: Why do men fight? And why do so many seemingly decent people love to watch? In *The Professor in the Cage*, Gottschall's unlikely journey from the college classroom to the fighting cage drives an important new investigation into the science and history of violence. The surging popularity of MMA—a full-contact sport in which fighters punch, choke, and kick each other into submission—is just one example of our species' insatiable interest both in violence and in the rituals that keep violence in check. From duels to football to the roughhousing of children, humans are masters of what Gottschall calls the monkey dance: a dizzying variety of rule-bound contests that establish hierarchies while minimizing risk and social disorder. Gottschall's unsparing odyssey—through extremes of pain, occasional humiliation, his wife's incredulity, and ultimately his own cage fight—opens his, and our, eyes to the uncomfortable truth that, as brutal as these contests can be, the world would be a much more chaotic and dangerous place without them.

This major study of the father of modern sociology explores the intimate relationship between the events of Max Weber's personal history and the development of his thought. When it was first published in 1970, Paul Roazen described "The Iron Cage" as "an example of the history of ideas at its very best"; while Robert A. Nisbet said that "we learn more about Weber's life in this volume than from any other in the English language." Weber's life and work developed in reaction to the rigidities of familial and social structures in Imperial Germany. In his youth he was torn by irreconcilable tensions between the Bismarckian authoritarianism of his father and the ethical puritanism of his mother. These tensions led to a psychic crisis when, in his thirties, he expelled his father (who died soon thereafter) from his house. His reaction to the collapse of the European social order before and during World War I was no less personal and profound. It is the triumph of Professor Mitzman's approach that he convincingly demonstrates how the internalizing of these severe experiences led to Weber's pessimistic vision of the future as an "iron cage" and to such seminal ideas as the notion of charisma and the concept of the Protestant ethic and its connection with the spirit of capitalism. The author's thesis also serves as a vehicle for describing the social, political, and personal plight of the European bourgeois intellectual of Weber's generation. In synthesizing Weber's life and thought, Arthur Mitzman has expanded and refined our understanding of this central twentieth-century figure. As Lewis Coser writes in the preface, until now "there has been little attempt to bring together the work and the man, to show the ways in which Weber's cognitive intentions, his choice of problems, were linked with the details of his personal biography. Arthur Mitzman fills this gap brilliantly."

**MAGIC RULES. WE SERVE.** In a darkly fantastical debut set in modern-day Britain, magic users control everything: wealth, politics, power—and you. If you're not one of the ultimate one-percenters—the magical elite—you owe them ten years of service. Do those years when you're old, and you'll never get through them. Do them young, and you'll never get over them. This is the darkly decadent world of *Gilded Cage*. In its glittering milieu move the all-powerful Jardines and the everyday Hadleys. The families have only one thing in common: Each has three children. But their destinies entwine when one family enters the service of the other. They will all discover whether any magic is more powerful than the human spirit. Have a quick ten years. . . . Look for all three books in the mesmerizing *Dark Gifts* trilogy: *GILDED CAGE* • *TARNISHED CITY* • *BRIGHT RUIN* Praise for *Gilded Cage* "Beautifully characterised and compellingly plotted, *Gilded Cage* is an impressive debut."—*The Guardian* "Exquisitely wicked . . . a lavishly opulent, yet brutally vivid, alternate England which subtly questions modern beliefs . . . If ever there was a speculative fiction book that captured the zeitgeist of an era this is it."—*SFFWorld* "An alternate modern-day England where enticing drama and social unrest mix with aristocratic scandal and glamorous magic . . . conjuring up the specters of *Les Misérables* and *Downton Abbey* . . . an absorbing first installment that presages an intriguing new fantasy series."—*Kirkus Reviews* "Gilded Cage is a heart-pounding combination of dark magic, political revolution, and forbidden romance that had me addicted from the first page!"—Danielle L. Jensen, *USA Today* bestselling author of *The Malediction Trilogy* "Devious and deliciously dark with lashings of magic, mystery, and mayhem, this juggernaut of a book will keep you hanging on by your fingernails until the very last page."—Taran Matharu, *New York Times* bestselling author of the *Summoner* series "A dark and intriguing vision of an alternate, magic-drenched Britain, *Gilded Cage* kept me up long into the night."—Alette de Bodard, author of *The House of Shattered Wings* Little children ought to learn all the teachings Jesus taught about in the Bible. 1/6th of everything Jesus taught about was on judgment and hell. That is a huge amount of teaching on the subject! But how do we teach our children such a hard biblical idea appropriately? In this tastefully illustrated work that is completely in rhyme, the Bible's teaching about hell is outlined in a very easy to understand manner. It is aimed at children 5 to 9 years old, but can certainly be read by any age. It concerns a young boy who we find is trapped in a cage called "Big Sin" and can't escape on his own. The cage is suspended by a chain that is rusting and could break at any moment. What will our young friend do? What is he thinking about as he stands there locked away? He sees others in cages as well, some who don't escape, and some who jump to safety as their prisons doors are opened by a mysterious key. Will our young friend get out? How will he escape **THE CAGE**?

The #1 *New York Times* bestselling author of *Mississippi Blood*, Greg Iles, keeps the secrets of the South alive in this vibrant novel of infatuation, murder, and sexual intrigue set in his hometown of Natchez, Mississippi. *Turning Angel* marks the long-awaited return of Penn Cage, the lawyer hero of *The Quiet Game*, and introduces Drew Elliott, the highly respected doctor who saved Penn's life in a hiking accident when they were boys. As two of the most prominent citizens of Natchez, Drew and Penn sit on the school board of their alma mater, St. Stephen's Prep. When the nude body of a young female student is found near the Mississippi River, the entire community is shocked—but no one more than Penn, who discovers that his best friend was entangled in a passionate relationship with the girl and may be accused of her murder. On the surface, Kate Townsend seems the most unlikely murder victim imaginable. A star student and athlete, she'd been accepted to Harvard and carried the hope and pride of the town on her shoulders. But like her school and her town, Kate also had a secret life—one about which her adult lover knew little. When Drew begs Penn to defend him, Penn allows his sense of obligation to override his instinct and agrees. Yet before he can begin, both men are drawn into a dangerous web of blackmail and violence. Drew reacts like anything but an innocent man, and Penn finds himself doubting his friend's motives and searching for a path out of harm's way. More dangerous yet is Shad

Johnson, the black district attorney whose dream is to send a rich white man to death row in Mississippi. At Shad's order, Drew is jailed, the police cease hunting Kate's killer, and Penn realizes that only by finding Kate's murderer himself can he save his friend's life. With his daughter's babysitter as his guide, Penn penetrates the secret world of St. Stephen's, a place that parents never see, where reality veers so radically from appearance that Penn risks losing his own moral compass. St. Stephen's is a dark mirror of the adult world, one populated by steroid-crazed jocks, girls desperate for attention, jaded teens flirting with nihilism, and hidden among them all—one true psychopath. It is Penn's journey into the heart of his alma mater that gives *Turning Angel* its hypnotic power, for on that journey he finds that the intersection of the adult and nearly adult worlds is a dangerous place indeed. By the time Penn arrives at the shattering truth behind Kate Townsend's death, his quiet Southern town will never be the same.

Detailed and evidence-based, this text focuses on musculoskeletal pathology and injury with descriptions of current and practical rehabilitation methods. *PATHOLOGY AND INTERVENTION IN MUSCULOSKELETAL REHABILITATION* provides everything you need to create and implement rehabilitation programs for your patients with musculoskeletal disorders due to injury, illness, or surgery. Each intervention includes a rationale, pathology and related problems, stages of healing, evidence in literature, and clinical reasoning considerations. This is the third volume of the new four-volume musculoskeletal rehabilitation series anchored by "Magee's Orthopedic Physical Assessment, 5th Edition." A companion CD with references and links to MEDLINE abstracts, provides easy access to the articles referenced in the text. Evidence-based content, with over 4,000 references, supports the scientific principles for rehabilitation interventions, providing the best evidence for the management of musculoskeletal pathology and injury. Over 150 tables and 250 boxes help organize and summarize important information, highlighting key points. Over 700 drawings, clinical photos, radiographs, and CT and MRI scans demonstrate and clarify important concepts. Trusted experts in musculoskeletal rehabilitation - David Magee, James Zachazewski, Sandy Quillen, plus more than 70 contributors - provide authoritative guidance on the management of musculoskeletal pathology and injury.

In this sweeping revision of avant-garde history, John Cage takes his rightful place as Wordsworth's great and final heir. George Leonard traces a direct line back from Cage, Pop, and Conceptual Art through the Futurists to Whitman, Emerson, Ruskin, Carlyle, and Wordsworth, showing how the art of everyday objects, often thought an exclusively contemporary phenomenon, actually began as far back as 1800. In recovering the links between such seemingly disparate figures, Leonard transforms our understanding of modern culture. Selected by the American Library Association's journal, *Choice*, as "one of the Outstanding Academic Books of the Year" "Leonard's book is a fine example of interdisciplinary studies. He shifts focus persuasively from art theory to literature to religious thought and biography, making his method seem the natural mode of inquiry into culture."—Kenneth Baker, *San Francisco Chronicle Book Review* "Provocative and illuminating."—*Library Journal* "Highly stimulating, impassioned."—*Publisher's Weekly* "A rich and rewarding study written in a clear and accessible style with excellent references and a very useful index. Highly recommended."—*Choice*

The world of Corrections is one that lies in the shadows of society. It is a non-traditional work environment that simply does not fit into the template of the traditional business world as we know it. Because of that, many correctional professionals may feel like there is a limit to achieving a meaningful life once they have left the profession. But? the good news is that there are fewer environments that could better prepare you for the diverse world we live in today. *The Cage Was Her Cocoon* allows readers to share the correctional lens of a former Prison Administrator. Constantine lost her fear of things impossible, rejected the narrative that she could not make a difference in the industry because she is a woman of a richer hue, and embraced her life's purpose. *The Cage Was Her Cocoon* provides recommendations to achieve the mental transformation required for your next phase in life. You will encounter challenges along the way but at least will be prepared to pivot. In all situations remember, **YOUR VOICE IS BIG ENOUGH!**

Within a context rarely imagined, Richard Souza writes of sex and love through a constellation of memories, from his first sexual experience at age five to his mother's last years. You will see how, in his youth, he choreographed life experiences—ones that made up the journey into his own heart, who he was, and who he became in spite of environment, circumstance, and fear. The raw, sensitive examination of sexual abuse that was embraced as an awakening makes *A Cage Full of Monkeys* a coming-of-age story like no other. Souza has managed to write a memoir that reads like a novel... The town comes alive, as do the characters and his compelling struggle to harness memory to connect intimately with the journey of his heart. -Karen Randall, English Studies Chair for the Schools of the Sacred Heart, San Francisco (Retired), recipient of the Herbst Foundation Award for Teaching Excellence This is not just a memoir but a work of art. A brilliant, poetic storyteller, Souza relives his California life through uniquely filtered lenses. -David Aretha, award-winning author and editor In *A Cage Full of Monkeys*, Richard Souza takes an unflinching look at childhood sexual abuse, unrequited love, and the care of a parent with dementia in gripping, elegant prose. -Douglas C. Haldeman, PhD, professor, John F. Kennedy University *A Cage Full of Monkeys* filled me with so many feelings. It's all there—love, courage, empathy, wonder. -Jackie Bruni, PhD, family relationships A vivid exposure of the soul. Passionate. Brilliant. -Elisabeth Miller, university professor, educational leader, teacher Richard Souza was born and raised in the small farm town of Yuba City, California. He majored in English literature and dramatic art at the University of California, Berkeley. He now practices yoga daily and lives in Northern California with his life partner, Chris, three Afghan hounds, an occasional litter of puppies, and a feral cat, Lola. This is his first book. Here is a book as joyous and painful, as mysterious and memorable, as childhood itself. *I Know Why the Caged Bird Sings* captures the longing of lonely children, the brute insult of bigotry, and the wonder of words that can make the world right. Maya Angelou's debut memoir is a modern American classic beloved worldwide. Sent by their mother to live with their devout, self-sufficient grandmother in a small Southern town, Maya and her brother, Bailey, endure the ache of abandonment and the prejudice of the local "powhitetrash." At eight years old and back at her mother's side in St. Louis, Maya is attacked by a man many times her age—and has to live with the consequences for a lifetime. Years later, in San Francisco, Maya learns that love for herself, the kindness of others, her own strong spirit, and the ideas of great authors ("I met and fell in love with William Shakespeare") will allow her to be free instead of imprisoned. Poetic and powerful, *I Know Why the Caged Bird Sings* will touch hearts and change minds for as long as people read. "I Know Why the Caged Bird Sings liberates the reader into life simply because Maya Angelou confronts her own life with such a moving wonder, such a luminous dignity."—James Baldwin From the Paperback edition.

One girl's struggle with rejection to forgiveness, love, and fulfillment of life's purpose. The story centers around main character Beth, who grew up in a small town in Eastern, NC and was the daughter of a pastor in the local church.

An English professor begins training in the sport of mixed martial arts and explores the science and history behind the violence of men When a mixed martial arts (MMA) gym moves in across the street from his office, Jonathan Gottschall sees a challenge, and an opportunity. Pushing forty, out of shape, and disenchanting with his job as an adjunct English professor, part of him yearns to cross the street and join up. The other part is terrified. Gottschall eventually works up his nerve, and starts training for a real cage fight. He's fighting not only as a personal test but also to answer questions that have intrigued him for years: Why do men fight? And why do so many seemingly decent

people like to watch? In *The Professor in the Cage*, Gottschall's unlikely journey from the college classroom to the fighting cage drives an important new investigation into the science and history of violence. Mixed martial arts is a full-contact hybrid sport in which fighters punch, choke, and kick each other into submission. MMA requires intense strength, endurance, and skill; the fights are bloody, brutal, and dangerous. Yet throughout the last decade, cage fighting has evolved from a small-time fringe spectacle banned in many states to the fastest-growing spectator sport in America. But the surging popularity of MMA, far from being new, is just one more example of our species' insatiable interest not just in violence but in the rituals that keep violence contained. From duels to football to the roughhousing of children, humans are masters of what Gottschall calls the monkey dance: a dizzying variety of rule-bound contests that establish hierarchies while minimizing risk and social disorder. In short, Gottschall entered the cage to learn about the violence in men, but learned instead how men keep violence in check. Gottschall endures extremes of pain, occasional humiliation, and the incredulity of his wife to take us into the heart of fighting culture—culminating, after almost two years of grueling training, in his own cage fight. Gottschall's unsparing personal journey crystallizes in his epiphany, and ours, that taming male violence through ritualized combat has been a hidden key to the success of the human race. Without the restraining codes of the monkey dance, the world would be a much more chaotic and dangerous place.

THE NEW YORK TIMES BESTSELLER From the Civil War to our combustible present, *White Rage* reframes the continuing conversation about race in America, chronicling the history of the powerful forces opposed to black progress. Since the abolishment of slavery in 1865, every time African Americans have made advances towards full democratic participation, white reaction has fuelled a rollback of any gains. Carefully linking historical flashpoints – from the post-Civil War Black Codes and Jim Crow to expressions of white rage after the election of America's first black president – Carol Anderson renders visible the long lineage of white rage and the different names under which it hides. Compelling and dramatic in the history it relates, *White Rage* adds a vital new dimension to the conversation about race in America.

'Beautifully written and exhaustively researched' CHIMAMANDA NGOZI ADICHIE 'An extraordinarily timely and urgent call to confront the legacy of structural racism' NEW YORK TIMES BOOK REVIEW 'Brilliant' ROBIN DIANGELO, AUTHOR OF WHITE FRAGILITY

"When a mixed martial arts (MMA) gym moves in across the street from his office, Jonathan Gottschall sees a challenge, and an opportunity. Pushing forty, out of shape, and disenchanted with his job as an adjunct English professor, part of him yearns to cross the street and join up. The other part is terrified. Gottschall eventually works up his nerve, and starts training for a real cage fight. He's fighting not only as a personal test but also to answer questions that have intrigued him for years: Why do men fight? And why do so many seemingly decent people like to watch?"--Amazon.com.

Longlisted for the FT/McKinsey Business Book of the Year Award A groundbreaking chronicle of the birth--and death--of a pair of jeans, that exposes the fractures in our global supply chains, and our relationships to each other, ourselves, and the planet Take a look at your favorite pair of jeans. Maybe you bought them on Amazon or the Gap; maybe the tag says "Made in Bangladesh" or "Made in Sri Lanka." But do you know where they really came from, how many thousands of miles they crossed, or the number of hands who picked, spun, wove, dyed, packaged, shipped, and sold them to get to you? The fashion industry operates with radical opacity, and it's only getting worse to disguise countless environmental and labor abuses. It epitomizes the ravages inherent in the global economy, and all in the name of ensuring that we keep buying more while thinking less about its real cost. In *Unraveled*, entrepreneur, researcher, and advocate Maxine Bédat follows the life of an American icon--a pair of jeans--to reveal what really happens to give us our clothes. We visit a Texas cotton farm figuring out how to thrive without relying on fertilizers that poison the earth. Inside dyeing and weaving factories in China, where chemicals that are banned in the West slosh on factory floors and drain into waterways used to irrigate local family farms. Sewing floors in Bangladesh and Sri Lanka are crammed with women working for illegally low wages to produce garments as efficiently as machines. Back in America, our jeans get stowed, picked, and shipped out by Amazon warehouse workers pressed to be as quick as the robots primed to replace them. Finally, those jeans we had to have get sent to landfills--or, if they've been "donated," shipped back around the world to Africa, where they're sold for pennies in secondhand markets or buried and burned in mountains of garbage. A sprawling, deeply researched, and provocative tour-de-force, *Unraveled* is not just the story of a pair of pants, but also the story of our global economy and our role in it. Told with piercing insight and unprecedented reporting, *Unraveled* challenges us to use our relationship with our jeans--and all that we wear--to reclaim our central role as citizens to refashion a society in which all people can thrive and preserve the planet for generations to come.

Let your daughters master their interest in fashion with this *Let's Play Dress Up Now* fashion book. This is a reference book that contains everything they need to know about the latest trends in fashion and the newest ways to get on with the crowd around the world. Get them this book now.

Your inner Chimp can be your best friend or your worst enemy...this is the Chimp Paradox Do you sabotage your own happiness and success? Are you struggling to make sense of yourself? Do your emotions sometimes dictate your life? Dr. Steve Peters explains that we all have a being within our minds that can wreak havoc on every aspect of our lives—be it business or personal. He calls this being "the chimp," and it can work either for you or against you. The challenge comes when we try to tame the chimp, and persuade it to do our bidding. The Chimp Paradox contains an incredibly powerful mind management model that can help you be happier and healthier, increase your confidence, and become a more successful person. This book will help you to: —Recognize how your mind is working —Understand and manage your emotions and thoughts —Manage yourself and become the person you would like to be Dr. Peters explains the struggle that takes place within your mind and then shows you how to apply this understanding. Once you're armed with this new knowledge, you will be able to utilize your chimp for good, rather than letting your chimp run rampant with its own agenda.

Examining Tony Conrad's collaborative interactions as a guiding thread by which to investigate the contiguous networks and discursive interconnections in 1960s art.

The Professor in the Cage Why Men Fight and Why We Like to Watch Penguin Books

Most people spend their lives trying to escape some kind of cage. Rollie Peterkin left behind conventional success and stepped into one. When his college wrestling career ended in heartbreak, Rollie fell short of his dream of standing on the national podium. After graduating with an Ivy League degree, he tried to take solace in the lucrative Wall Street job offer that awaited him. He vigorously launched himself into his new career as a bond trader and grew accustomed to fancy dinners, expense accounts, late nights, and early mornings. Rollie was achieving all of his goals, but began to feel like something was missing. During a trip to Peru, a chance encounter with a legendary cage fighter would inspire him to question the well-worn path to success he had always known. Soon after, Rollie plotted his escape and ultimately left behind the life of luxury to pursue a savage dream. Along the way he faced life changing obstacles that he never could have foreseen in his wildest dreams. From yuppie Manhattanite to blood-soaked warrior in South America, *The Cage* traces Rollie's fight for meaning, substance, and true value.

Radio tie-in with BBC Radio 4 programme *The Infinite Monkey Cage*.

Did the ground just shake? You're not just imagining it, it's probably an earthquake! An earthquake is a natural phenomenon that cannot be predicted. No instrument can tell when and where an earthquake will happen. So instead of trying to guess, it's better to be prepared. This book will detail what will happen when an Earthquake happens. Open this book today!

Most of us are advised to go to school, get a good education, so that we can get a good job. This false risk free or safe mentality is responsible for mediocrity. Why can't we get a good education so that we can achieve wealth through ownership? If you're frustrated when you wake up in the morning because you're going to a job you hate, this book is for you. If you're feeling bored at your job because your potentials, gifts and talents are not being unleashed, this book is for you. If you want financial freedom and independence, this book is definitely a must read.

"The Cage is a tightly written and clear-eyed narrative about one of the most disturbing human dramas of recent years. . . . A riveting, cautionary tale about the consequences of unchecked political power in a country at war. A must-read." —Jon Lee Anderson, New Yorker staff writer and author of *The Fall of Baghdad* In the closing days of the thirty-year Sri Lankan civil war, tens of thousands of civilians were killed, according to United Nations estimates, as government forces hemmed in the last remaining Tamil Tiger rebels on a tiny sand spit, dubbed "The Cage." Gordon Weiss, a journalist and UN spokesperson in Sri Lanka during the final years of the war, pulls back the curtain of government misinformation to tell the full story for the first time. Tracing the role of foreign influence as it converged with a history of radical Buddhism and ethnic conflict, *The Cage* is a harrowing portrait of an island paradise torn apart by war and the root causes and catastrophic consequences of a revolutionary uprising caught in the crossfire of international power jockeying. Gordon Weiss has lived in New York and worked in numerous conflict and natural disaster zones including the Congo, Uganda, Darfur, Bosnia, Afghanistan, Syria, and Haiti. Employed by the United Nations for over two decades, he continues to consult on war, extremism, peace building, and human rights.

Do you have a real relationship with God, or do you just have a religion? Do you know God, or do you just know about God? In *How Big Is Your God?* Paul Coutinho, SJ, challenges us to grow stronger and deeper in our faith and in our relationship with God—a God whose love knows no bounds. To help us on our way, Coutinho introduces us to people in various world religions—from Hindu friends to Buddhist teachers to St. Ignatius of Loyola—who have shaped his spiritual life and made possible his deep, personal relationship with God.

The Rounds are humans with the sex organs of both genders. Artificially created to test the limits of the human body in space, they are now a minority, despised and hunted by the terrorist group Vessel of Life. Aboard Jupiter-I, a space station orbiting the gas giant that shares its name, the Rounds have created their own society with a radically different view of gender and of life itself. Security chief Shirosaki keeps the peace between the Rounds and the typically gendered "Monaurals," but when a terrorist strike hits the station, the balance of power and tolerance is at risk...and an entire people is targeted for genocide. -- VIZ Media

A leading historian reveals the never-before-told story of a doomed British prison and the massacre of its American prisoners of war After the War of 1812, more than five thousand American sailors were marooned in Dartmoor Prison on a barren English plain; the conflict was over but they had been left to rot by their government. Although they shared a common nationality, the men were divided by race: nearly a thousand were Black, and at the behest of the white prisoners, Dartmoor became the first racially segregated prison in US history. *The Hated Cage* documents the extraordinary but separate communities these men built within the prison—and the terrible massacre of nine Americans by prison guards that destroyed these worlds. As white people in the United States debated whether they could live alongside African Americans in freedom, could Dartmoor's Black and white Americans band together in captivity?

Drawing on extensive new material, *The Hated Cage* is a gripping account of this forgotten history.

This book uses a sociological and ethnographic lens to explore why MMA participants endure grueling workouts and serious injury. The authors argue that the idolization of MMA participants from their supporters, each other, and culture more generally is linked to the creation of a type of publicly accessible and consumable form of masculinity.

Explores the latest beliefs about why people tell stories and what stories reveal about human nature, offering insights into such related topics as universal themes and what it means to have a storytelling brain.

### Publisher Description

Fiction. Short stories. Speculative fiction. A hunter of giant worms is surprised by the sentience of their prey. A flower sprouting in the palm of a hand delivers bad news. In an unknown country, power is transferred in hyper-sensual ways. Whether fantastic or seemingly mundane, the twenty-four stories united in *A CAGE FOR EVERY CHILD* unfold as uncanny encounters and brief sojourns in parallel worlds. Told in S. D. Chrostowska's slyly provocative style, each tale questions the stability of our reality and the meaning of our pursuits.

In *The Glass Cage*, Pulitzer Prize nominee and bestselling author Nicholas Carr shows how the most important decisions of our lives are now being made by machines and the radical effect this is having on our ability to learn and solve problems. In May 2009 an Airbus A330 passenger jet equipped with the latest 'glass cockpit' controls plummeted 30,000 feet into the Atlantic. The reason for the crash: the autopilot had routinely switched itself off. In fact, automation is everywhere – from the thermostat in our homes and the GPS in our phones to the algorithms of High Frequency Trading and self-driving cars. We now use it to diagnose patients, educate children, evaluate criminal evidence and fight wars. But psychological studies show that we perform best when fully involved in a task, while the principle of automation – that humans are inefficient – is self-fulfilling. The glass cockpit is becoming a glass cage. In this utterly engrossing exposé, bestselling writer Nicholas Carr reveals how automation is affecting our ability to solve problems, forge memories and acquire skills. Rather than rejecting technology, Carr argues that we must urgently rethink its role in our lives, using it to enhance rather than diminish the extraordinary abilities that make us human.

A Hunger Artist Franz Kafka - Kafka wrote "Hunger Artist" as he was starving to death. He suffered from a bad case of laryngeal tuberculosis that made eating too painful. As the condition worsened his throat closed and doctors had no way to feed him. He was 40 when he died."Hunger Artist" has a bitter irony feel to it. Like *Metamorphosis*, it deals with feelings of alienation, isolation and withdrawal. Of course with Kafka there is always the initiation of something extremely unusual, and that's no different here. Strangely as it may seem, as we are dealing with a man inside a cage, it's a spiritual freedom that reverberates through out the story. The artist is melancholic, not because he does not eat, but because he is continuously tempted to abandon his fasting and to accept the very food he tries to evade. He evaluates everything on deeper levels, like a psychologist mainlining his subconscious mind. He creates a tone that plays havoc with your thought

