

The Washington Manual Neurology Survival Guide Survival Guide Series

The Washington Manual® Otolaryngology Survival Guide includes an overview of the residency, a breakdown of common floor calls, consults, and emergency room calls, a typical daily routine, examination of the head and neck, and chapters on otology, rhinosinusitis, surgical treatment of thyroid and parathyroid disease, antimicrobial therapy, and pediatric otolaryngology.

Concise, portable, and user-friendly, The Washington Manual Hematology and Oncology Subspecialty Consult, 4th Edition, provides quick access to the essential information needed to evaluate a patient on a subspecialty consult service. This edition offers state-of-the-art content, including coverage of new anti-cancer drugs and new biomarkers and therapeutic targets. Ideal for fellows, residents, and medical students rotating on hematology and oncology subspecialty services, the manual is also useful as a first-line resource for internists and other primary care providers.

This excellent USMLE Step 2 or 3 review book extracts only the most important information regarding general surgery, including vascular, thoracic, and endocrine surgery. Presented in a concise, uncluttered outline format, High-Yield™ Surgery is illustration- and table-intensive. The book enables students to get the maximum

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relevance and performance from intensely focused study.

Internal Medicine: Intern Survival guide is not just for interns, but essential for all primary care providers! The second edition has been updated through 7/2018 with the most current, evidence-based approaches to caring for major conditions commonly seen in patients in both the inpatient and outpatient environments.

Concise, portable, and user-friendly, The Washington Manual® General Internal Medicine Consult, Third Edition, provides quick access to the essential information needed when performing an inpatient consult. Chapters are organized around presenting symptom (e.g., approach to nausea, approach to low back pain), allowing quick look-up of differential diagnosis and management. Ideal for medical students, residents, and practitioners, the manual is also useful as a quick-reference guide for practicing hospitalists.

Written by residents and interns at Washington University, this small pocket book contains all the essentials that every intern needs to know from day 1 on the wards. It presents practical, must-have information, from the front lines of the wards, in an easy-to-use, quick-reference format. The book brings together, in one condensed source, all the most important pearls from other manuals--including ACLS algorithms, useful formulas, patient notes, top ten workups, common calls/complaints, and key points on the most common problems. Content includes vital pointers on what not to miss, when to refer/call for help, triage, cross-covering, and tricks of the trade. The Washington

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Brain disorders—neurological, psychiatric, and developmental—now affect at least 250 million people in the developing world, and this number is expected to rise as life expectancy increases. Yet public and private health systems in developing countries have paid relatively little attention to brain disorders. The negative attitudes, prejudice, and stigma that often surround many of these disorders have contributed to this neglect. Lacking proper diagnosis and treatment, millions of individual lives are lost to disability and death. Such conditions exact both personal and economic costs on families, communities, and nations. The report describes the causes and risk factors associated with brain disorders. It focuses on six representative brain disorders that are prevalent in developing countries: developmental disabilities, epilepsy, schizophrenia, bipolar disorder, depression, and stroke. The report makes detailed recommendations of ways to reduce the toll exacted by these six disorders. In broader strokes, the report also proposes six major strategies toward reducing the overall burden of brain disorders in the developing world.

Surviving Manic Depression is the most authoritative book on this disorder, which affects more than two million people in the U.S. alone. Based on the latest research, it provides detailed coverage of every aspect of manic depression—from understanding its

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causes and treatments to choosing doctors and managing relapses-with guidance drawn from the latest scientific information. Drs. Torrey and Knable provide thorough, up-to-date coverage of all aspects of the disease, including a detailed description of symptoms (with many direct descriptions from patients themselves), risk factors, onset and cause, medications (including drugs still in the testing stage), psychotherapy, and rehabilitation, as well as information about how the disease affects children and adolescents. Here too are discussions of special problems related to manic depression, including alcohol and drug abuse, violent behavior, medication noncompliance, suicide, sex, AIDS, and confidentiality. *Surviving Manic Depression* also includes special features such as a listing of selected websites, books, videotapes, and other resources.

"As an intern you will encounter many new challenges. These will range from very simple to most complex. Please remember that you have acquired the tools to address this adversity. And, even when you feel most overwhelmed, you are undoubtedly surrounded by a wealth of available resources that include ancillary and nursing staff, fellow interns, senior residents and attending physicians. Although the year ahead of you may now seem long and daunting, your tasks (other than survival) are quite achievable. The following competencies/milestones were copied from the curriculum for the in-patient general medicine rotation for the internship program at Washington University School of Medicine and Barnes-Jewish Hospital. You can see that not only are the objectives quite simple, but your rigorous work in medical school has well

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prepared you to master many of your goals. Throughout the year, use these objectives as a checklist to remind yourself of your accomplishments and to guide your learning in potential areas of weakness. - Patient care: o Gather accurate information about patients, including performing a thorough history and physical examination. o Synthesize data into a prioritized problem list and differential diagnosis, and then formulate diagnostic and therapeutic plans. o Prioritize each day's work. o Know the indications, contraindications, and risks of some invasive procedures and competently perform some invasive procedures"--Provided by publisher.

Prepared by residents and fellows with senior faculty advisors, this quick-reference manual outlines current concepts and practice guidelines in the rapidly evolving fields of allergy, asthma, and immunology. Symptom-oriented and disease-oriented sections cover both acute and chronic problems, including drug allergy, anaphylaxis, eosinophilia, immunodeficiency, and latex allergy. Appendices include commonly used allergy and asthma drugs, laboratory values for tests in immunology, and a sample schedule for perennial aqueous immunotherapy.

The Washington Manual Neurology Survival Guide Lippincott Williams & Wilkins
The only textbook written specifically for physicians training and practising in this developing medical subspecialty.

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Cardiac arrest can strike a seemingly healthy individual of any age, race, ethnicity, or gender at any time in any location, often without warning. Cardiac arrest is the third leading cause of death in the United States, following cancer and heart disease. Four out of five cardiac arrests occur in the home, and more than 90 percent of individuals with cardiac arrest die before reaching the hospital. First and foremost, cardiac arrest treatment is a community issue - local resources and personnel must provide appropriate, high-quality care to save the life of a community member. Time between onset of arrest and provision of care is fundamental, and shortening this time is one of the best ways to reduce the risk of death and disability from cardiac arrest. Specific actions can be implemented now to decrease this time, and recent advances in science could lead to new discoveries in the causes of, and treatments for, cardiac arrest. However, specific barriers must first be addressed. Strategies to Improve Cardiac Arrest Survival examines the complete system of response to cardiac arrest in the United States and identifies opportunities within existing and new treatments, strategies, and research that promise to improve the survival and recovery of patients. The recommendations of Strategies to Improve Cardiac Arrest Survival provide high-priority actions to advance the field as a whole. This report will help citizens, government agencies, and private industry to improve health outcomes

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from sudden cardiac arrest across the United States.

This updated edition presents the latest, most authoritative cancer management recommendations in the famous fast-access Washington Manual outline format. Reorganized into three major sections, this comprehensive text covers the principles of cytotoxic therapy, clinical research, and more.

Invites readers to change their perceptions about illness in order to understand disease as an essential component of the evolutionary process, citing the role of such malaises as diabetes, STDs, and the Avian Bird Flu in protecting the survival of the human race. (Health & Fitness)

This handbook is a practical guide for medical students, residents, and fellows treating older adults. It was prepared by residents and fellows in internal medicine, geriatrics, cardiology, ophthalmology, rheumatology, and urology, with faculty advisors from the Division of Nutrition and Aging. The authors provide a framework for approaching the important issues that arise in geriatrics and focus on key aspects of the evaluation and treatment of common geriatric disorders and consultations. Tables and appendices provide rapid point-of-care access to information such as cognitive and functional assessment tests and important drug interactions.

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by the Publisher for quality, authenticity, or access to any online entitlements included with the product. Substantially revised since the previous edition, this Internship Survival Guide offers first-year residents practical, real-world medical and professional guidance from senior residents and faculty advisors at the Washington University School of Medicine. Advice is presented in a concise, bulleted format, lending itself to quick comprehension of the material. You'll learn the nuts and bolts of logistical issues and patient and colleague communication, as well as the basics of navigating your clinical rotations.

Written by Washington University residents, fellows, and endocrine faculty, this handbook is ideal for students, housestaff, and fellows involved in inpatient and outpatient endocrinology consults. It presents practical approaches to endocrine disorders commonly seen in consultation, with emphasis on key components of evaluation and treatment. This Second Edition has been thoroughly updated with the latest information on pathophysiology, treatment, and drug dosing. New chapters cover obesity, vitamin D deficiency, autoimmune polyendocrine syndromes, and endocrine disorders in HIV/AIDS. Key points are bulleted for easy reference and clinical pearls are highlighted in bold-faced type. The Washington Manual® is a registered mark belonging to Washington University in St. Louis to which international legal protection applies. The mark is used in this

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The Washington Manual® Obstetrics and Gynecology Survival Guide provides all the essential obstetrics and gynecology information that every intern needs on the wards. The Obstetrics section is subdivided into antepartum, medical complications of pregnancy, intrapartum, postpartum, and ultrasound and genetics. The Gynecology section covers general gynecology, gynecologic infectious diseases, contraception, urogynecology, reproductive endocrinology and infertility, and gynecologic oncology.

The first medical specialty selection guide written by residents for students! Provides an inside look at the issues surrounding medical specialty selection, blending first-hand knowledge with useful facts and statistics, such as salary information, employment data, and match statistics. Focuses on all the major specialties and features firsthand portrayals of each by current residents. Also includes a guide to personality characteristics that are predominate with practitioners of each specialty. "A terrific mixture of objective information as well as factual data make this book an easy, informative, and interesting read."
--Review from a 4th year Medical Student

This survival guide provides must-have information on the neurologic history and physical examination, neuroanatomy, specific neuroimaging techniques and

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diagnostic tools, and patient problems such as stroke, seizures, vertigo, dizziness, and ataxia, acute vision loss, headache, movement disorders, dementia, and sleep disorders. A listing of neurological Internet resources is included. Compatibility: BlackBerry(R) OS 4.1 or Higher / iPhone/iPod Touch 2.0 or Higher / Palm OS 3.5 or higher / Palm Pre Classic / Symbian S60, 3rd edition (Nokia) / Windows Mobile(TM) Pocket PC (all versions) / Windows Mobile Smartphone / Windows 98SE/2000/ME/XP/Vista/Tablet PC

This book centers on practical discussions with family members of patients who suffered a neurocatastrophy. The book summarizes current data on outcome in acute neurologic conditions. It provides guidance in family conferences and how to best convey prognosis. Conflict resolution and how to proceed with palliative care is also discussed.

Prepared by residents and fellows, this consult manual covers the full spectrum of infectious disease problems. It offers clinicians valuable assistance in determining what infections the patient is at risk for, where and how (s)he acquired the infection, how to evaluate and manage the patient, and what complications to expect. Chapters on infections of each organ system begin with an approach to that organ system. Other topics covered include bioterrorism, sexually transmitted diseases, brucellosis, systemic mycoses, immunizations,

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and antimicrobials.

Prepared by residents, fellows, and attending physicians, this handbook is a practical guide to the general internal medicine consult. The content is based on the top 25 most common general internal medicine consults as seen by the hospitalist. The focus is on management issues, with additional material on the perioperative care of the patient with a medical condition. Clinical evidence is presented along with the official guidelines advocated by major medical organizations. This Second Edition is completely revised and updated.

Illustrations have been added, and key points about diagnosis and management have been bulleted for easy reference. The Washington Manual® is a registered mark belonging to Washington University in St. Louis to which international legal protection applies. The mark is used in this publication by LWW under license from Washington University.

The Washington Manual of Critical Care is a concise pocket manual for physicians and nurses. It is distinguished from the multitude of other critical care handbooks on the market by its consistent presentation of algorithms displaying the decision-making pathways used in evaluating and treating disorders in the ICU. The new edition transitions to a full color format and will include coverage of Deep Venous Thrombosis/Pulmonary Embolism, fetal-maternal critical care, C

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difficile infection, and alternative hemodynamic monitoring.

This survival guide provides all the information that is essential for a surgical internship, including daily routine, rounds, chart reviews, preoperative and postoperative care, operating room conduct, radiology, critical care, and interaction with families, colleagues, and allied health professionals.

Comprehensive sections on common problems in general surgery, neurosurgery, orthopaedic surgery, urology, and plastic surgery present evaluation, diagnostic testing, and treatment in an easy-to-follow format. Other chapters cover crashing patients, tubes and drains, bleeding, codes, and nutrition.

Pediatric neurology presents so many challenges unique to young patients that it is in many ways a very different discipline from adult neurology. To help readers address these challenges, the Handbook of Pediatric Neurology uses a handy pocket format and streamlined organization to address the management of hospital- and clinic-based pediatric neurological work-up, diagnosis, and management. This practical handbook will appeal not only to pediatric neurologists, but also to pediatricians, adult neurologists and internal medicine physicians.

- Timely coverage helps readers keep pace with the rapidly changing diagnostic tools, medications, and interventions.
- Summary and outline format allows readers to access essential facts at a glance.
- Practical organization

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presents each category of disorder, along with a focused differential diagnosis and clear management guidelines. • References provide guides to further investigation.

Established for over 40 years as the bible of the medical ward, this work is now updated with even more of the current information practitioners need, delivered in a timesaving, quick-reference style. This spiral-bound edition has a two-color design, color tabs for sections, and additional algorithms for diagnosis and treatment.

Written by residents, fellows, and attending physicians, this handbook is ideal for residents called on to do an inpatient consult, for students working on an inpatient medicine service, and for specialists seeking information on pulmonology and general internal medicine management. Chapters cover pulmonary function testing, respiratory failure, hemoptysis, solitary pulmonary nodule, community-acquired pneumonia, pulmonary embolus, and much more. Coverage includes a section on the appropriate conduct and approach of a medical consultant and reviews of selected clinical trials.

The Washington Manual® Outpatient Medicine Survival Guide covers the most common diseases and situations encountered in an outpatient clinic and includes sections on key history and physical examination findings, red flags to look for,

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and advice on what to tell the patient.

The newly updated Seventh Edition of the best-selling Manual of Neurologic Therapeutics is available in PDA format for instant access at the point of care. This easy-to-navigate handheld reference provides clear, current, clinically proven recommendations for diagnosis and treatment of neurologic disorders. Users can quickly find a disease by scrolling the table of contents or index and click on icons for specific information about the disease—description, diagnosis, prognosis, and treatment. A comprehensive, up-to-date neurology drug database provides complete information about specific drugs. Platform: Palm OS, Windows CE, and Pocket PC handheld devices Also Available for iPhone/iPod touch

Combining the science of emotional trauma with concrete psychological techniques—including dream interpretation, journaling, mindfulness exercises, and meditation—Shulman's frank and empathetic account will help readers regain their emotional balance by navigating the passage from profound sorrow to healing and growth.

A New York Times Bestseller Renowned neurologist Dr. Frances E. Jensen offers a revolutionary look at the brains of teenagers, dispelling myths and offering practical advice for teens, parents and teachers. Dr. Frances E. Jensen is chair of the department of neurology in the Perelman School of Medicine at the

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University of Pennsylvania. As a mother, teacher, researcher, clinician, and frequent lecturer to parents and teens, she is in a unique position to explain to readers the workings of the teen brain. In *The Teenage Brain*, Dr. Jensen brings to readers the astonishing findings that previously remained buried in academic journals. The root myth scientists believed for years was that the adolescent brain was essentially an adult one, only with fewer miles on it. Over the last decade, however, the scientific community has learned that the teen years encompass vitally important stages of brain development. Samples of some of the most recent findings include: Teens are better learners than adults because their brain cells more readily "build" memories. But this heightened adaptability can be hijacked by addiction, and the adolescent brain can become addicted more strongly and for a longer duration than the adult brain. Studies show that girls' brains are a full two years more mature than boys' brains in the mid-teens, possibly explaining differences seen in the classroom and in social behavior. Adolescents may not be as resilient to the effects of drugs as we thought. Recent experimental and human studies show that the occasional use of marijuana, for instance, can cause lingering memory problems even days after smoking, and that long-term use of pot impacts later adulthood IQ. Multi-tasking causes divided attention and has been shown to reduce learning ability in the teenage brain.

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Multi-tasking also has some addictive qualities, which may result in habitual short attention in teenagers. Emotionally stressful situations may impact the adolescent more than it would affect the adult: stress can have permanent effects on mental health and can lead to higher risk of developing neuropsychiatric disorders such as depression. Dr. Jensen gathers what we've discovered about adolescent brain function, wiring, and capacity and explains the science in the contexts of everyday learning and multitasking, stress and memory, sleep, addiction, and decision-making. In this groundbreaking yet accessible book, these findings also yield practical suggestions that will help adults and teenagers negotiate the mysterious world of adolescent development.

Geared to primary care practitioners, *The Washington Manual® of Outpatient Internal Medicine* focuses on common ambulatory medical problems encountered in each medical subspecialty. The book has a quick-reference format similar to *The Washington Manual® of Medical Therapeutics*, with a standard chapter template, a bulleted style, numerous tables and figures, and a two-color design. All chapters are written by house staff and faculty at Barnes-Jewish Hospital and Washington University School of Medicine. Coverage includes the traditional internal medicine subspecialties and other areas where problems are frequently seen in the ambulatory setting, such as dermatology, neurology, ophthalmology,

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otolaryngology, and psychiatry. Most subspecialties have separate symptom- and disease-based chapters. The Washington Manual® is a registered mark belonging to Washington University in St. Louis to which international legal protection applies. The mark is used in this publication by LWW under license from Washington University.

This practical, comprehensive and highly illustrated book will be invaluable to students and doctors of neurology and internal medicine in Africa.

This handbook is a practical guide to inpatient and outpatient rheumatology consultations. It focuses on how to approach rheumatological problems, how to perform a musculoskeletal examination and arthrocentesis, and which medications are appropriate, including dosage and recommended monitoring. Content includes overviews of the major rheumatic diseases and sections on crystalline arthritis, seronegative spondyloarthropathies, vasculitis, infectious causes of arthritis, and miscellaneous rheumatology consultations.

The Washington Manual® Pediatrics Survival Guide encapsulates the critical knowledge essential for a successful pediatric residency. The book includes chapters on "floor" survival, writing prescriptions, calculating IV fluids and feeds, laboratory reference values, and formulary information. A chapter on adolescent medicine addresses topics such as STDs, eating disorders, and suicide.

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This small pocket book contains all the essentials that every resident needs to know from day one on the wards. It presents practical, must-have information from the front lines of the wards in an easy-to-use quick reference format.

A perfect blend of medical drama and spiritual insight, *Gray Matter* is a fascinating account of Dr. David Levy's decision to begin asking his patients if he could pray for them before surgery. Some are thrilled. Some are skeptical. Some are hostile, and some are quite literally transformed by the request. Each chapter focuses on a specific case, opening with a detailed description of the patient's diagnosis and the procedure that will need to be performed, followed by the prayer "request." From there, readers get to look over Dr. Levy's shoulder as he performs the operation, and then we wait—right alongside Dr. Levy, the patients, and their families—to see the final results. Dr. Levy's musings on what successful and unsuccessful surgical results imply about God, faith, and the power of prayer are honest and insightful. As we watch him come to his ultimate conclusion that no matter what the results of the procedure are, "God is good," we cannot help but be truly moved and inspired.

Written by Washington University house staff and faculty, this pocket guide is a quick reference for the hospital practice of psychiatric medicine in the inpatient psychiatric, consultation, and emergency settings. Each section addresses the most frequently encountered problems in these clinical settings and offers practical suggestions on how to obtain information, generate reasonable differential diagnoses, discriminate among

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diagnoses, and document clinical decisions. The book includes "Style Pointer" sections on patient interview skills and ED Rounds that outline clinical reasoning algorithms in the emergency setting. Class Notes sections explain how to concisely and thoroughly document patient encounters, emphasizing difficult medical-legal situations. The Washington Manual® Psychiatry Survival Guide is also available electronically for handheld computers. See PDA listing for details. The Washington Manual® is a registered mark belonging to Washington University in St. Louis to which international legal protection applies. The mark is used in this publication by LWW under license from Washington University.

Concise, portable, and user-friendly, The Washington Manual® of Patient Safety and Quality Improvement covers essential information in every area of this complex field. With a focus on improving systems and processes, preventing errors, and promoting transparency, this practical reference provides an overview of PS/QI fundamentals, as well as insight into how these principles apply to a variety of clinical settings. Part of the popular Washington Manual® series, this unique volume provides the knowledge and skills necessary for an effective, proactive approach to patient safety and quality improvement.

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